



A Taste of Lough Derg

SEPTEMBER 2019

www.atasteofloughderg.ie



Lough Derg Farmers Markets:

Killaloe Farmer's Market: Sundays 11AM - 3PM

Nenagh Country Market: Fridays 8AM - 1.30PM

Nenagh Farmers Market: Saturdays 10AM - 3PM

Mountshannon Farmer's Market: Saturdays 11AM - 3PM

Portumna Country Market: Fridays 8.30AM - 12.30PM



AUG 31 THE RING OF LOUGH DERG BBQ COMPETITION

Ballina Quay, Ballina. Co. Tipperary
12-6PM | Free event

The Ring of Lough Derg BBQ Competition is a great day out for all the family. BBQ Teams compete for the "An Fulacht Fia Cup". Live Music from 2pm until late in Aid of The Irish Heart Foundation.

T: 061 622790 E: flanagansfunctions@gmail.com
www.theringofloughderg.com

SEP 01 YOGA WITH LAKE VIEWS

Brookfield Farm, Coolbawn, Nenagh, Co. Tipperary
12PM | €15 | Booking required

Yoga with a difference! This unique practice involves yoga in the open air, mats on the grass, with magnificent lake views, gentle breezes and birds flitting overhead through broad leaf trees. Workshop is facilitated by Emma Burke-Kennedy from Yoga in Terryglass and will be followed by a taste of Lough Derg with Brookfield Farm honey inspired light refreshments from Ailbhe Gerrard.

E: hello@brookfield.farm
www.brookfield.farm

SEP 05 SMALL PLATES WITH BIG TASTE

The Peppermill, 27 Kenyon St, Nenagh, Co. Tipperary
7-8PM | €25pp | Booking advised

Tasty Tapas style small plates of locally produced artisan foods with a Peppermill twist. Meet the producers and taste their fine foods.

T: 067 34598 E: info@thepeppermill.ie
www.thepeppermill.ie

SEP 06 ALE, BREAD & CHEESE IN MEDIEVAL NENAGH

Powell's Pub, 42 Summerhill, Nenagh, Co. Tipperary
8PM | Free event

For this special presentation and tasting session; local archaeologist Caimin O'Brien explores food culture from around the Lough Derg region in medieval times. On this theme, Peter Ward from Country Choice will select some great local artisan cheese, all presented at Una Powell's heritage pub. Local craft beers will be available on the night.

T: 067 32820



SEP 08 A TASTE OF LOUGH DERG AT PORTUMNA CASTLE ESTATE

Portumna Castle, Portumna, Co. Galway
11.30AM | Free event

Craft Gardener Lynn O'Keefe-Lascar will give a talk on the past history and present plantings of the walled kitchen garden of Portumna Castle Estate. Talk followed by a walk through the garden. Specially selected lunch in CaToCa tea rooms for those that want to stay longer. 'Something Red' felt exhibition will also open on the day, with a demonstration the old craft of felt making in the afternoon.

T: 090 9741658 E: portumnacastle@opw.ie
www.heritageireland.ie/en/west/portumnacastleandgardens/

SEP 13 MEDIEVAL STYLE LONG TABLE BANQUET

The Derg Inn, Terryglass, Co. Tipperary
8PM | €25pp (Food Only) | Booking required

Served within the walls of the historic abbey, this classic style banquet will be furnished with all locally sourced produce from within 20km. All carefully prepared by Derg Inn dedicated team to compliment the piece de resistance; the "pig on a spit". Organic, locally sourced pig, slow roasted in its entirety on a spit over a wood burning fire pit will form the basis for a delicious meal. A local historian will be on site and the meal will be accompanied by live traditional Irish music!. A selection of beers from the region available to complement the wonderful food on offer.

T: 067 22037 E: info@thederger.ie

SEP 13 THE WINE BUFF - EVENING OF WINE & CHEESE TASTING

5 Cecil Walk, Kenyon Street, Nenagh, Co. Tipperary
7.30-9/9.30PM | €20pp | Booking required

A fun and informative evening of wine and cheese tasting. Demystify the world of wine and impress your friends with the simple tips you will learn in a relaxed atmosphere. Taste some truly amazing wines from small family run vineyards.

T: 067 42491 E: alexis@thewinebuff.com
www.thewinebuff.com



SEP 14 KILLALOE GIN CRUISE

Lakeside Drive Ballina, Killaloe, Co. Clare
4PM | €40 | Booking required

Join Killaloe River Cruises for an opportunity to "Meet the Maker" of Sling Shot Gin from Lanesborough County Longford and the newly launched Oscar Wilde Tonic Water from Borrisoleigh County Tipperary, all while cruising the gentle sheltered waters of the River Shannon. Relax on board and enjoy three servings of Sling Shot Gin, each with a different combination of tonic and garnish. To compliment the perfect evening Tuscan Bistro will be on board to serve a selection of delicious canapes.

T: 086 8140559 E: info@spiritofkillaloe.ie
www.killaloerivercruises.com

SEP 15 IRISH SEED SAVERS - HARVEST FESTIVAL

Irish Seed Savers, Capparoe, Scariff, Co. Clare
11-5PM | €10 / Free for children and supporters

Enjoy a great family day out exploring 20 acres of heritage seed gardens, heritage orchards (housing Ireland's heritage apple collection of over 170 varieties of apple trees) and learn from demonstrations in organic gardening, scything, mead making, and many more. Café open for lunch on the day and pizza available from the cob pizza oven. Activities for children on the day.

T: 061 921866 E: info@irishseedsavers.ie
www.irishseedsavers.ie

SEP 15 LONG TABLE QUEST RECOVERY LUNCH

The Old Barracks, Gortybrigane, Birdhill, Co. Tipperary
1PM | €25pp | Booking required

Visit the street food garden at The Old Barracks Coffee Roastery and book a seat at the Long Table Quest Recovery Lunch. This is family style dining where you enjoy locally produced food, chat, mingle, and make friends. Lunch starts at 2pm with food for all dietary needs served from the unique food containers in the Street Food Garden #obrstreETFood

T: 061 623001 E: hello@theoldbarracks.ie
www.theoldbarracks.ie



SEP 15 THE IRISH WORKHOUSE CENTRE

St Brigids Rd, Portumna, Co. Galway
12PM | Free event

The Irish Workhouse Centre is an arts, heritage and cultural centre for the region, and it is the only centre in Ireland dedicated to telling the story of the workhouse system. Visit the Workhouse for talks on the history of food inside and outside the workhouse in nineteenth and twentieth century Ireland. Speakers include best-selling author Margaret Hickey, Workhouse historian Aileen O'Dowd, and special guests.

T: 090 9759200 E: info@irishworkhousecentre.ie
www.irishworkhousecentre.ie

SEP 21 MEET THE MAKER & BE THE MAKER

Wilde Irish Chocolates, Tuamgraney, Co. Clare
11-12.30PM | €39pp / €30pp Group of 4+
Booking required

Get behind the scenes of a real working chocolate factory, meet the makers of all of our chocolates, make your own chocolate bars, taste many different flavours of chocolate and see how the magic comes together!

T: 061 922080 E: wicdirect@gmail.com
www.wildeirishchocolates.com

SEP 21 HISTORIC TOUR OF TUAMGRANEY VILLAGE

Nuala's Bar, Tuamgraney, Scariff, Co. Clare
11-12.30PM | €25pp | Booking advised

Join Nuala Kilkenny for a tour of picturesque Tuamgraney in the heart of east Clare. The village has a 10th century church, a beautiful memorial park and historic links to Brian Boru.. A special set menu in Nuala's follows the tour.

T: 061 921249 E: nualakilkenny@gmail.com
www.nualas.ie

SEP 25 LOUGH DERG HARVEST SESSION

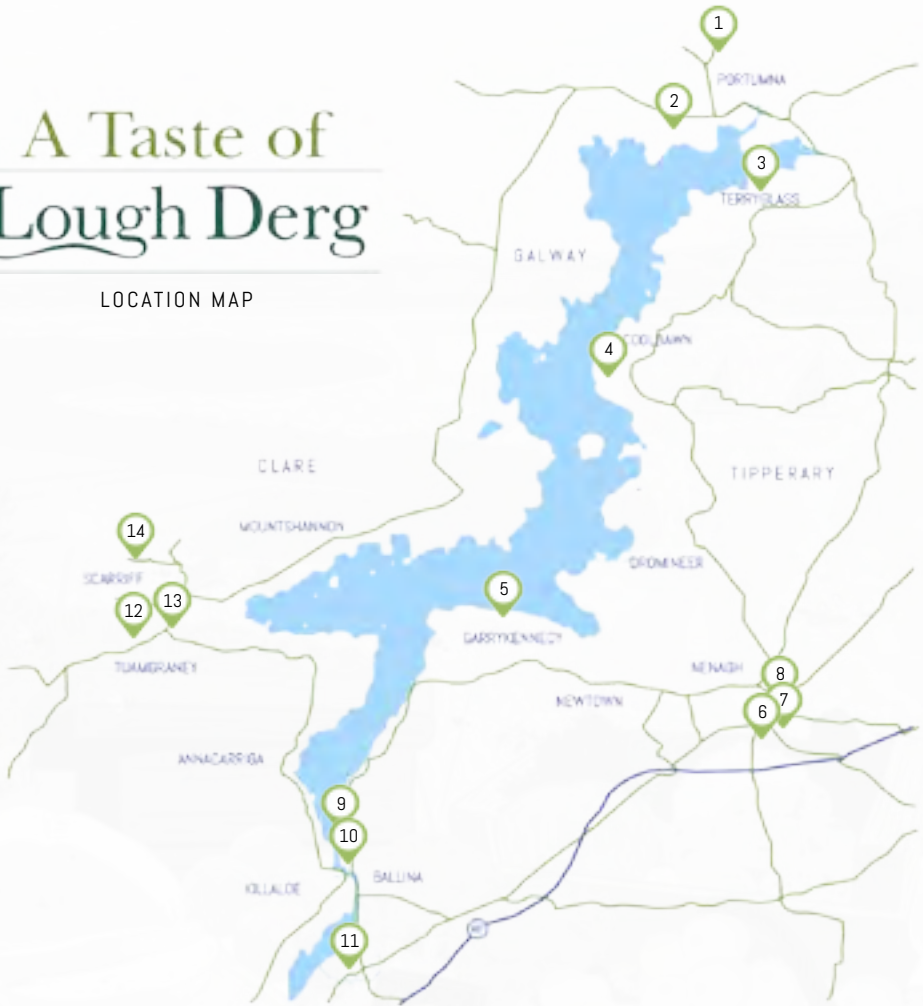
Larkins, Garrykennedy, Portroe, Nenagh, Co. Tipperary
8.30PM | €15 | Booking advised

Come out and taste the delicious offerings by local food and craft beer producers who will show you a grand display of all that the area has to offer. Enjoy an evening of food, drink, and local music too!

T: 067 23232 E: info@larkins.ie
www.larkins.ie

A Taste of Lough Derg

LOCATION MAP



Map Key:

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|------------------------|----------------------------|
| 1. The Irish Workhouse | 8. Una Powell's Pub |
| 2. Portumna Castle | 9. Killaloe River Cruises |
| 3. The Derg Inn | 10. The Ring of Lough Derg |
| 4. Brookfield Farm | 11. The Old Barracks |
| 5. Larkins | 12. Nuala's Bar |
| 6. The Wine Buff | 13. Irish Seed Savers |
| 7. The Peppermill | 14. Wilde Irish Chocolates |

Lough Derg

 Ireland's Hidden HEARTLANDS

 Waterways Ireland
Cork Harbour Estuary Waterways Trust

 Taste of the Island
A Celebration of Ireland's Food & Drink






Department of Agriculture, Food and the Marine
TIPPERARY DRAFTS BOARD



DEPARTMENT OF TOURISM, CULTURE AND HERITAGE
Ireland's Hidden Heartlands

A Taste of Lough Derg 2019 is supported by the Lough Derg Marketing Group

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